

Rae of light

Corinne Bailey
Rae campaigns
for world
peace

GREEN MACHINES

AWESOME AUTUMN

**PLUS REGULAR
FEATURES**

available online at
www.wavemagazine.co.uk

Homeopathy: The gentle alternative

 Julia Trevett
H O M E O P A T H Y

To find out more about how homeopathy
can help you, call 01273 708031
Email: julia.trevett@ntlworld.com

Intuitive and natural healing for your body, your heart and your spirit.

*Do you need help with a physical
condition, emotional distress,
unhappiness or a spiritual crisis?*

The natural spiritual healing I offer is there
to empower you and encourage your progress
towards complete well-being and contentment.



For appointments at my
Brighton practice, call me,
Lawrence Horwill on
0797 386 3021
or, to discover more, visit:
www.natural-healer.co.uk

Lawrence is trained and accredited (CHAC)
by the College of Psychic Studies in London,
and is bound by the UK Healers Code of Conduct.



What is...

Spiritual healing

Pearl Bates speaks to Lawrence Horwill

With a plethora of different forms of energy healing to choose from, why would you consider spiritual healing?

I went to visit spiritual healer Lawrence Horwill to find out more. He welcomed me with a warm handshake and invited me to take a seat in his treatment room – a light and airy space, tastefully furnished with beautiful things.

“It’s important to recognise that we are all spiritual beings who are having a physical experience, rather than physical beings having a spiritual one,” he explains. “It is healing for the spirit from the spirit.”

Lawrence goes on to say that the essence of his work is a process of tuning into a client’s ‘higher self’, intuitively tailoring his approach to your unique needs, and channelling energy to where it is needed. There is no agenda but the client’s wellbeing. “My aim as a healer is to create a space of allowing, and to act as a catalyst for the client’s own healing to take place,” he says.

People usually come to Lawrence with issues of emotional distress or depression, often not knowing why they feel the way they do. “It could be that they need a channelling or a clearing, or perhaps it could be an ancestral issue.”

Lawrence begins a session by talking briefly with you about what you would like to achieve, but doesn’t delve into too much depth. “Too much information can actually get in the way,” he explains. He then asks you to lie or sit comfortably, fully clothed, and gently lays his hands on your shoulders to tune in. The experience was very calming, as Lawrence quietly held his hands over various parts of my body, and I felt sensations of wave-like lightness. With remarkable accuracy, he was able to pick up on issues that I was dealing with. Afterwards, I felt very grounded, relaxed and positive.

Once a source of pain or damage has been identified, Lawrence feels it is essential for a client to be able to move on quickly. And although it might be bad for business, he actively discourages co-dependency between client and healer, preferring instead to focus on facilitating a person’s ability to feel strong. “The healing keeps working long after a person has left this room,” says Lawrence. “It’s a very subtle thing,” he muses, “but it’s kind of like tapping someone’s rudder, and sending them sailing off in the right direction.”

Lawrence Horwill is based in Kemp Town, Brighton. Healing sessions last one hour and cost £30. To book a session or find out more call Lawrence on 07973 863021, or visit www.natural-healer.co.uk.